

Bridge of Hope Recovery

Healing from Life!

A peer fellowship for survivors of trauma

We are a free peer fellowship for survivors of trauma. Our members gather regularly to support one another through shared experience, held by a volunteer host who has lived through what others in the room are still working through. We are not a therapy group, a clinical program, or a company. We are people who decided that no one should have to heal alone.

What we are

- A free, anonymous, peer-led fellowship
- Not a company, charity, or clinical program
- Volunteer-run, with no paid staff or hierarchy
- Nationally active, locally hosted
- Focused on trauma recovery through shared experience

What meetings look like

- Typically 60 to 90 minutes
- 10 to 25 attendees on average
- Quiet, respectful, and self-contained
- No equipment or setup required from the venue
- Participants arrive and leave without disruption

What we are asking for

A quiet room, available for 60 to 90 minutes, at a regular time each week or month. That is all. We do not need audio equipment, projectors, whiteboards, or any setup beyond chairs arranged in a circle or around a table. We clean up after ourselves and we leave the space exactly as we found it.

Our commitment to your space

- Meetings are run by a verified host who has agreed to our community standards.
- Participants are respectful, quiet, and self-contained. We do not disrupt other activities.
- We do not distribute materials, solicit donations, or conduct any commercial activity on your premises.
- There is no exchange of money within this fellowship.
- If anything about our use of your space is not working, we will address it immediately.

If this sounds like something you can offer, we would be grateful.

Please speak with the host who gave you this flyer. They can answer any questions, discuss scheduling, and confirm the details of what the meeting would look like in your space. You can also learn more about us at bridgeofhoperecovery.org.



Want to see who we are first?
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YOUR HOST

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